

Causes

BioPsychoSocial

```
graph TD; A["BioPsychoSocial"] --> B["Biological  
Genetic Links  
Depression, OCD,  
Addictive disorders  
Physiological effects  
of dieting"]; A --> C["Sociocultural  
Cultural pressure to be thin  
Athletics"]; A --> D["Psychological  
Perfectionism  
Low Self-Esteem  
Family Dysfunction  
Major Life Transitions  
Trauma  
Psychological effects  
of dieting"];
```

Biological

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Depression, OCD,
Addictive disorders
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Sociocultural

Cultural pressure to be thin
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